Effect of some Treatments on Chemical Composition and Quality Properties of Saidy Date Fruit (*Phoenix dactylifera L.*) During Storage Ramadan, B. R. ¹; M. N. A. EL-Rify¹; A. A. Abd El-Hamid² and M. H. Abd El-Majeed²

¹Food Sci. and Tech. Dept., Faculty of Agric., Assiut Univ. ²Food Sci. and Tech. Dept., Faculty of Agric., Al-Azher Assiut Univ. **Received on:** 20/7/2016 **Accepted for publication on:** 4/8/2016

Abstract

This study was conducted out to improve the quality and the shelf-life of Saidy date variety during storage period for 12 months at room temperature using packing under vacuum, drying and irradiation (1KGy) treatments. Results showed that packing under vacuum is more effective for controlling the insect infestation (3.85%) followed by the irradiated (11.12%), dried (12.11%). While, the control sample recorded 17.24%, at the end of storage time (12 months). The moisture content of the control date sample decreased from 15.23 to 9.29% at the end of storage while it was decreased from 15.23 to 9.67%, from 15.15 to 8.92% and from 15.80 to 9.67% for the packed under vacuum, dried and irradiated samples, respectively. Data showed that, during the storage periods (12-months), the protein contents reduced from 2.52 to 1.97%, from 2.52 to 2.02%, from 2.57 to 2.15% and from 2.45 to 2.09% for the control, packed under vacuum, dried and irradiated samples, respectively. Data revealed that total bacterial counts immediately decreased after irradiation and drying to a greater extent, compared to the reduction in molds and yeasts. Beside, the microbial flora in all treatments remained at low count until the end of storage period. The irradiated sample had the lowest microbial counts, followed by the packed under vacuum and dried samples. The organoleptic evaluations show that the panelist could not discriminate between the non-irradiated and irradiated date fruits. Furthermore, all treatments have no detectable adverse effect on the preference rating of the fruits. The irradiated samples were occupied the first rank in overall acceptability of sensory evaluation followed by the dried and packed under vacuum samples. These results suggest that packing under vacuum, drying and irradiation treatments of Saidy date fruit could be used as alternative methods for improving the fruit quality, as well as prolonging its marketable period at room temperature for 12 months or more.

Key words: Saidy, Storage, Packing under vacuum, Drying, Irradiation, 12 months, Room temperature, Chemical composition, Physical characters, Microbial counts.

Introduction

Date palm (*Phoenix dactylifera* L.) is one of the most important plants of the arid desert area of the Middle East, Southern Asia and Northern Africa for over 5000 years (Selim *et al.*, 2012). The world production of dates increased considera-

bly during the last 30 years. The Arab countries produce about 74.5% of global date production. Egypt considered as the first country of the top ten date producers in world (1,501,799 tons), followed by Iran (1,083,720 tons) and Saudi Arabia (1,065,032 tons) (FAO, 2015).

Storage of dates at high temperature and high humidity renders them susceptible to insect infestation and microbiological harmful causing extensive losses in storage dates (Azelmat et al., 2006). Methyl bromide is the main fumigant used for the treatment of stored products still available. Due to its adverse effect on human health and environment, it has been identified as an ozone-depleting substance by the Montreal Protocol (UNEP, 1992). Its restricted use and anticipated phasing out by around 2010 (Patil et al., 2004) highlights the urgency for an alternative treatment (Ahmed, 2001). Currently, dates are preserved by many other methods. The other methods of preservation are too expensive and would need careful consideration (Navarro et al., 2000).

The vacuum packaging of natural dates is the most adapted to better protection of the product against yeast and mold proliferation and against dehydration (Achour *et al.*, 2003). Michalczyk *et al.* (2009) and Borchani *et al.* (2011) reported that drying is much more effective in preserving valuable food compounds than traditional methods.

Irradiation is one of the safest and most economical ways of food preservation. Gamma radiation treatment has been approved by international bodies; FAO, IAEA and WHO in 1981, and most of the products irradiated with gamma rays at doses ranging from 1 to 10 kGy. Losses of nutritional value are minimal as the irradiation treatment does not increase the temperature of the food than in canning, drying, pasteurization or sterilization (Joshi *et al.*, 2011). The quality and extending the shelf life of fresh dates can be improved by using some treatments. Besides, this can contribute to improve economical status of this food material, thereby increasing the income and foreign exchange of the country (Ud Din *et al.*, 2011). Therefore, the aim of this study is to investigate the effects of packing in vacuum, drying and irradiation treatments on the chemical composition, quality properties and the shelf life of Saidy date fruits during storage for twelve months at room temperature.

Materials and Methods

Materials

Saidy date fruit was obtained from El-Tahan Date Packing Factory, Kharja oasis, The New-Valley governorate, Egypt during the 2014 season.

Treatments

Packing under vacuum

Date fruits were packaging in polyethylene bags (½ Kg) and scaled using under vacuum packing machine model M2 Pack 603.

Drying

Date fruits washed by tab water and then heated in the oven at 65°C for 3 h. After heat treatment, the fruits were cold on the air and packaged in polyethylene packages ($^{1}/_{4}$ Kg) for storage for 12 months at 25±5°C and evaluation.

Irradiation

Date fruits irradiation was carried out in the National Center for Radiation Research and Technology (NCRRT), Cairo, Egypt using Co60 facility "Indian Gamma cell" type Ge-4000A. The applied dose was 1KGy delivered at a dose rate of 2.08KGy per hour at the time of experimentation.

Physical analysis

Date fruit properties: Saidy date fruits were evaluated for: fruits number per kg, mean weights of fruit, flesh, pit and calyx, flesh/pit ratio, percent of flesh and pits, percent of fruit infestation, fruit dimensions (length and width at maximum circumference).

Total soluble solids (TSS): The TSS was estimated by the method described by Abdel-Hafiz *et al.* (1980).

pH value: The pH value was measured by using a Systronic 324-combination glass electrode pH meter at 25°C.

Color: Color was determined as the optical density (OD) of the diluted and centrifuged extract of fruit flesh (5% TSS) and the absorbance was measured at 400nm using Perkin Elmer Lambda, UV/VIS Spectrophotometer (Abd-Ellah, 2009).

Chemical analysis

The moisture content was determined by drying the samples at 70°C. Sugars (reducing and total), crude fiber, crude protein, crude fat and ash were determined according to AOAC (2000) methods.

Acidity was determined as malic acid by titration, according to Dalaly and Al-Hakiem (1987). The mineral content of date fruits flesh was estimated according to AOAC (2000) methods. Potassium and sodium were determined using Flame photometric (410). Calcium, manganese, magnesium, copper, iron and zinc were determined using Perkin-Elmer Atomic Absorption Spectrophotometer 2380. Phosphorus was determined by Spectrophotometer Philips PV 8650.

Total phenolic compounds of date fruits were determined using Folin- ciocalteu reagent according to Velioglu *et al.* (1998). Total phenolic contents (mg/100g) were expressed as gallic acid equivalent (Asami *et al.*, 2003).

Antioxidant capacity: Free radical scavenging activity of date fruits extract was determined using the 1, 1diphenyl-2-picrylhydrazyl (DPPH) method (Ao *et al.*, 2008).

DPPH radical scavenging $\% = OD \text{ control} - OD \text{ sample} \times 100$

OD control

The calorific value was calculated using the Alwater Factor (Joint FAO/WHO, 1973).

Microbial evaluation

The total bacterial counts were determined using the plate counts technique on a nutrient agar medium according to procedures by A.P.H.A (1976) and Difco (1984). The plates were incubated at 37°C for 48 h. Yeast and mold counts were determined using the plate counts technique on potato dextrose agar (PDA) according to procedures by A.P.H.A (1976) and Difco (1984). The plates were kept between 3 and 5 days depending on the type of fungi at 25-28 °C.

Sensory evaluation: Saidy date fruits and its treatments were sensory evaluated. The quality attributes, including color, texture, taste, appearance and overall acceptability were evaluated by a trained panel according to Molander (1960).

Statistical analysis: Data were statistically analyzed using the analysis of variance (ANOVA) and the differences among the means were determined for significance at 5% level by using the MSTAT computer program (MSTAT -C 1989).

Results and Discussions

Physical characteristics of date fruit

Saidy date fruits at Tamr stage were evaluated for their fruits number (86/ Kg), average weight of fruit (11.62g) and pit (1.48g), percentage of flesh (86.28%), total soluble solids (88.38%) and insect infestation percentage (3.48%)(Table 1). Data of physical measurements are in the same ranges reported by other researchers (Ramadan, 1990 and 1995, Abd-Ellah, 2009 and Selim et al., 2012). Variation in the physical properties of the same date variety grown in different regions can be attributed to several factors such as soil, fertilization and other environmental conditions (Ramadan, 1995 and Selim et al., 2012).

Table 1. Physical characteristics of
Saidy date fruits:

characteristics					
Fruits number/ Kg	86				
Fruits weight	11.62g				
Flesh weight	10.02g				
Pit weight	1.48g				
Calyx weight	0.12g				
Flesh/pits ratio	6.77				
Flesh	86.28%				
Pit	12.77%				
Calyx	0.95%				
Insect infestation	3.48%				
TSS	88.38%				
pH value	6.72				
Color (at 400nm as OI	D) 0.449				

Chemical composition

The results in Table 2 show the proximate analysis of Saidy date fruits at Tamr stage.

The moisture, sugars (total and reducing), crude fiber, crude protein, ash and crude fat contents were 15.23, (77.93 and 74.10), 2.52, 2.52, 2.17 and 1.49%, respectively. This data are in agreement with that re-Ben Lambiote(1983). ported by Youssef et al. (1989), Abd-Ellateaf (1991), Ramadan (1995), Al-Hooti et al. (1995), Nezam El-Din (1995), Youssef et al. (1998), Assous (1999), Khalil et al. (2002), Elleuch et al. (2008), Abd-Ellah (2009), Hasnaoui et al. (2010) and Borchani et al. (2010). Besides, the results are in the same line with that recorded by Ramadan (1990), Khalil (1995), Al-Farsi et al. (2005a), Ismail et al. (2006) and Selim *et al.* (2012).

The reducing sugars represented 95.08% of the total sugars at Tamr stage; this could be due to the effect of the invertase activity on the nonreducing sugars during ripening. Results in the Table (2) illustrated that the calorific value of Saidy date fruits was (335.21 Cal. /100g). These results are in the same trend with those recorded by Hussein et al. (1979), El-Shamery (1988) and Ramadan (1990 and 1995). Due to the notion that sugars were the predominat constituent of dates, there is a mutual relationship between calorific value and sugar content. This worth noting makes date to be a preferable main food-stuff for the mob especially during the holy fasting month (Ramadan) and those attaining hard works (Ramadan, 1995).

		_				
Table	2.	Chemic	al comp	ositior	ı of	
	Saidy	y date	fruits**	(%	dry	
					·	

weight dasis):	
Components	%
Moisture*	15.23
Total solids	84.77
Total sugars	77.93
Reducing sugars	74.10
Non-reducing sugars	3.83
Crude fiber	2.52
Crude protein	2.52
Ash	2.17
Crude fat	1.49
Calorific value (Cal/100g)	335.21
Total phenolic content (mg/100g)	297.37
Antioxidant activity*	25.57

* On fresh weight basis

** Means of triplicates

Date in Table 2 recorded that Saidy date flesh contained total phenolic content 297.37 mg as gallic acid/100 g on dry basis. This result is in accordance with those reported by Al-Farsi *et al.* (2005b), Benmeddour *et al.* (2006) and Saleh *et al.* (2011). Louaileche *et al.* (2015) found that the total phenolic contents of eight date varieties ranged from 169.18 to 381.76 mg GAE/100g dwb. The results also showed that antioxidant activity of Saidy date fruits was 25.57% (on fresh weight basis).

Minerals content

Results of the average values of the macro-elements and microelements of Saidy date fruits are shown in Table (3).

Potassium was the predominat element present of Saidy date fruits (545.88 mg/100g) followed by calcium (76.15 mg/100g) and phosphorus (70.50 mg)/100 g dry basis (Table 3). The data are in the same line with those reported by Morton and Miami (1987), El-Shamery and El-Dien (1988), Ramadan (1990 and 1995), Al-Hooti *et al.* (1997), Youssef *et al.* (1998), Fadhl *et al.* (1999), Sahari *et al.* (2007) and El-Sohaimy and Hafez (2010). The same data revealed that Saidy date flesh contained 57.70 mg magnesium and 38.41 mg sodium /100 g dry matter which are in accordance with that reported by Ahmed *et al.* (1995); Al-Hooti *et al.* (1995), Fadhl *et al.* (1999), Hassan (2000) and Sahari *et al.* (2007).

Table 3. Minerals	content of the	Saidy
date fruits:		

	mg/100g (dwb)	
Macro elements	Potassium (K)	545.88
	Calcium (Ca)	76.15
	Phosphorus (P)	70.50
	Magnesium (Mg)	57.70
	Sodium (Na)	38.41
	Iron (Fe)	6.27
Micro elements	Copper (Cu)	1.06
	Manganese (Mn)	1.77
	Zinc (Zn)	1.02

Among the micro-elements (Table 3) iron was the predominat element present of Saidy date fruits (6.27 mg/100g on dry weight basis). The levels of Cu, Mn and Zn were 1.06, 1.77 and 1.02 mg/100g dwb of Saidy flesh, respectively. Saidy fruits recorded micro-elements levels ran with those reported by Sawaya *et al.* (1983), BA-Angood *et al.* (1984), Morton and Miami (1987), Ahmed *et al.* (1995), Al-Hooti *et al.* (1995), Youssef *et al.* (1998), Fadhl *et al.* (1999) and Hasnaoui *et al.* (2010).

Effect of packing, drying and irradiation treatments on physical characters of Saidy fruits during storage:

During the storage period (12 months) the pH value decreased from

6.72 to 5.41%, from 6.72 to 5.35%, from 6.69 to 5.29 and from 6.69 to 5.47% for the control, packaged under vacuum, dried and irradiated samples, respectively (Table 4). Ben-

jamin *et al.* (1985) found that there were a relationship between the enzymes activity in date fruits and into pH value and color.

Table 4.	Effect of treatments on	physical characteris	stics of Saidy	date fruits	during
sto	rage period at room tem	perature:	-		_

	Storage	physical characteristics				
Treatment	time month	pH value	Insect infesta- tion (%)	Color (OD)		
	0	6.72 ^a	3.48 ^h	0.449 ¹		
Control	4	6.34 ^b	11.11 ^d	0.652 ^h		
	8	5.69 ^e	14.29 ^b	0.872^{d}		
	12	5.41 ^h	17.24 ^a	1.084 ^a		
	0	6.72 ^a	3.48 ^h	0.449 ¹		
Packing un-	4	6.30 ^{bc}	0 ^j	0.635 ⁱ		
der vacuum	8	5.61 ^f	3.71 ^{gh}	0.773 ^r		
	12	5.35 ⁱ	3.85 ^g	0.963 ^c		
	0	6.69 ^a	2.91 ⁱ	0.471^{k}		
Drying	4	6.18 ^d	3.84 ^g	$0.707^{ m g}$		
	8	5.58 ^f	6.17 ^f	0.840^{e}		
	12	5.29 ^j	12.11 ^c	1.004 ^b		
	0	6.69 ^a	0 ^j	0.434^{1}		
Irradiation	4	6.28 ^c	3.57 ^h	0.571 ^j		
	8	5.73 ^e	7.35 ^e	0.722 ^g		
	12	5.47 ^g	11.12 ^d	0.857 ^d		

- Any letters charing the same symbol, have no significant difference in between.

From the data in Table 4 it was clear that the infestation percentage was 3.48% in fruits at zero time (control) and decreased up to zero after radiation process and after storage for 4 months of the packaged under vacuum date samples. While the dehydration led to decrease the insect infestation up to 2.91% compared that for the control (untreated sample). However, results showed that packing under vacuum is more effective for controlling the insect infestation (3.85%) of stored dates followed by the irradiated (11.12%), dried (12.11%). While, the control sample recorded 17.24%, which was stored in the same place and storage time (12 months). These results are in the same trend with those recorded by Emam *et al.* (1994) and Al-Kahtani *et al.* (1998).

Results in Table 4 observed that there is an increase in color intensity (as OD) of the studied date samples during storage periods. However, the treatments recorded a good effect against fruit color darkening, especially the irradiated followed by the packaged under vacuum and the dried samples during storage periods compared with the control sample. The increase in fruit color intensity during storage probably due to tannins oxidation as recorded by Mohamed (2000). The pigments degradation associated with postharvest physiological reactions also influence the color stability.

Effect of packing, drying and irradiation treatments on chemical composition of Saidy fruits during storage:

The consumer's interest was mainly focused on the nutritional properties of the product. To draw up a date quality profile will, therefore, involve an evaluation of gross chemical composition as well as total phenolic content and antioxidant activity were determined (Table 5).

The results indicated that the maximum decrease in the moisture contents was found during 0-4 months of storage time found to be 20.02, 12.41, 24.29 and 24.24% after 4 months. While, it was 39, 36, 41 and 38% in the storage period end for the untreated, packaged under vacuum, dried and irradiated samples, respectively. The dry matter content increase in both irradiated and nonirradiated dates might be a direct consequence of evaporation after storage for several months under ambient temperature (Azelmat et al., 2006). Dates of over 24% moisture in a warm moist atmosphere were an easy target for microbial attack Barreveld (1994).

The total and reducing sugars on the control, packed under vacuum, dried and irradiated date samples increased gradually with increasing storage time (Table 5). The highest levels of sugars were obtained at the end of storage period in the control followed by the packing under vacuum, drying and irradiation treatment samples. The increase in storage time cause a decrease in starch contents in both irradiated and non-irradiated dates (Azelmat et al., 2006). On the other hand, Thomas (1986) reported that radiolytic products of carbohydrates could be formed when foods treated with ionizing energy; such products include glucuronic, gluconic, and saccharic acid, glyoxal, arabinose, erythrose, formaldehyde, and dihydroxyacetone. These resulted also in agreement with Al-Kahtani et al. (1998). They reported that irradiation at doses between 0.3 and 0.9 kGy, followed by 3 or 6 months storage at room temperature, significantly reduced fructose, glucose and total sugars content of dates (Khalas variety) immediately after irradiation.

The protein contents decreased from 2.52 to 1.97%; from 2.52 to 2.02%; from 2.57 to 2.15 and from 2.45 to 2.09% for the control, packed under vacuum, dried and irradiated samples, respectively at the end of storage. The maximum decreases in protein levels were found after the first 4 months of storage followed by a slowly decrease. The highest decrease was found in the control and vacuum samples while there was no difference between the dried and irradiated samples. The results are in close agreement with that reported by Khan et al. (1985).

Ihsanullah *et al.* (2005) reported that the irradiation up to 300Krads had no significant effect of the protein content of the irradiated date samples. Auda *et al.* (1977) reported that the protein content of three Iraqi date varieties was not affected by irradiation at 0.7–2.7 kGy.

Results (Table 5) showed that the fiber content of the studied date samples was reduced during storage up to 12- months at room temperature. Data are in agreement with that reported by Ihsanullah *et al.* (2005). Mohammadzai *et al.* (2010) investigated the influence of various doses of gamma irradiation up to 300Krads of date fruit and reported that the fiber levels decrease gradually in all samples in irregular pattern.

The ash content of the studied date samples was decrease unnoticeable during 12- months of storage (Table 5). Stewart (2001) reported that irradiation does not alter the elemental composition of food. The crude fat content was reduced from 1.49 to 0.86, from 1.49 to 0.89, from 1.46 to 0.78 and from 1.48 to 0.84% in the control, packed under vacuum, dried and irradiated date samples, respectively from 0 to 12 months of storage. Ihsanullah *et al.* (2005) studied the effect of various irradiation doses on fat content of Pakistani dates, found that after 5 months of storage the fat levels were decreased in all treatments.

During the storage period (12 months) the acidity increased from 0.168 to 0.377%, from 0.168 to 0.370%, from 0.173 to 0.351 and from 0.171 to 0.362% for the control, packed under vacuum, dried and irradiated samples, respectively.

The total phenolic content increased up to 4 months of storage in all studied samples followed by decrease up to the end of storage period (Table 5). The packaged date fruits under vacuum recorded the lowest decrease in total phenolic content (2.7%) followed by the dried (3.9%)and irradiated samples compared the untreated sample after 12-monthsof storage. Bravo (1998) has attributed the losses in phenolic content to binding of polyphenols with other organic substances such as carbohydrate or protein. The polyphenol oxidase enzyme may be activated, resulting in degradation and consequent losses of polyphenols (Jood et al., 1998, Saxena et al., 2003 and Selim et al., 2012).

The data (Table 5) also, showed a good correlation between total phenolic content and antioxidant activity. This correlation indicated that phenolic compounds are the main micro constituents contributing to the antioxidant activity of date as reported by Kchaou *et al.* (2013).

Effect of packing, drying and irradiation treatments on the total microbial of the Saidy fruits during storage:

Results presented in Table 6 showed that total bacterial counts were reduced immediately after irradiation and drying to a greater extent, compared to the reduction in molds and yeasts. Since the laters are generally less sensitive to irradiation (Jay, 1986).

Tuesta	Total microbial	Storage time month (log cfu/gm)				
I reatment	count	0	4	8	12	
Control	Total bacterial count	5.320 ^a	4.432 ^b	3.992 ^c	3.544 ^f	
	Molds + Yeast	3.760 ^a	2.730 ^c	2.224 ^e	1.698 ^h	
Vacuum	Total bacterial count	5.320 ^a	3.810 ^e	2.650 ^j	2.301 ^m	
	Molds + Yeast	3.760 ^a	2.618 ^d	1.845 ^g	1.460 ⁱ	
Drying	Total bacterial count	3.880 ^d	3.146 ^h	2.775 ⁱ	2.393 ¹	
	Molds + Yeast	2.923 ^b	2.243 ^e	1.890 ^g	1.544 ⁱ	
Irradiation	Total bacterial count	3.233 ^g	2.747 ⁱ	2.480 ^k	2.251 ^m	
	Molds + Yeast	2.841 ^b	2.063 ^F	1.685 ^h	1.291 ^j	

 Table 6. Effect of packing, drying and irradiation treatments on the total microbial count of Saidy fruits during storage at room temperature:

- Any letters charing the same symbol, have no significant difference inbetween.

The microbial flora of all treatments and control dates remained low until the end of storage (12 months). The irradiated samples had the lowest microbial counts, followed by the packaged under vacuum and dried samples. The low moisture content along with high sugar contents has made and increase the resistance to microbial deterioration the conditions unfavorable for the growth of microorganisms (Ahmed *et al.* 1995 and Al-Kahtani *et al.*, 1998). This result (Table 6) indicates that the microbiological quality of dates can be substantially improved by irradiation, packing under vacuum and drying treatments.

Effect of packing, drying and irradiation treatments on sensory evaluation of the Saidy fruits during storage:

Sensory evaluation is concerned an important technique to determine product quality. Because of genetic differences variable and growth conditions, date show a wide variation in their final appearance and quality. With respect to consumers, important quality criteria of the product and appearances including color, taste, flavoretc. (Wills *et al.*, 1998).

The results of organoleptic evaluation (Table 7) show that the panelists could not discriminate between the non-irradiated and the irradiated date fruits. Furthermore, all treatments have no detectable adverse effect on the preference rating of the fruits by a taste panel.

The results are shown in Table (7) that all tested samples were convergent in their texture and appear-

ance values up to 4 months of storage. While, the texture and appearance values of the packaged under vacuum fruits gradually decreased during storage recorded the lowest values (5.14 and 5.71, respectively) at the end of storage period, followed by the control, dried and irradiated date sample. The color value of all samples recorded a gradually decrease during storage period, the control sample had the lowest color value followed by the dried, packaged under vacuum and the radiated sample at the end storage period. The taste value of control sample decreased to the lowest value (5.07) followed by irradiated (6.36), packaged under vacuum (6.43) and dried (6.93) date sample. Finally, the irradiated samples were occupied the first rank in overall acceptability followed by the dried, packaged under vacuum and control samples. These results are in the same trend with those recorded by Grecz et al. (1988), Al-Kahtani et al. (1998), Ismail et al. (2008), Kenawi et al. (2011) and Abd El-Bar et al. (2014).

	Storage	Sensory evaluation				
Treatment	time month	Color	Taste	Texture	Appearance	Overall ac- ceptability
	0	8.71 ^a	8.57 ^a	8.71 ^a	8.71 ^a	8.71 ^a
Control	4	7.14 ^{b-d}	7.86 ^{a-c}	7.14 ^{bc}	7.29 ^{b-e}	7.14 ^{bc}
Control	8	6.57 ^{de}	6.21 ^e	7.07 ^{b-d}	6.86 ^{c-g}	6.71 ^{b-d}
	12	5.86 ^e	5.07 ^f	5.86 ^{ef}	5.86 ^{fg}	5.71 ^d
	0	8.71 ^a	8.57 ^a	8.71 ^a	8.71 ^a	8.71 ^a
Packing	4	7.50 ^{b-d}	8.14 ^{ab}	6.57 ^{c-e}	7.00 ^{b-f}	7.79 ^{ab}
under vacuum	8	6.86 ^{c-e}	7.71 ^{a-c}	6.07 ^{d-f}	6.00 ^{fg}	6.93 ^{bc}
	12	6.57 ^{de}	6.43 ^{de}	5.14 ^f	5.71 ^g	6.36 ^{cd}
	0	8.14 ^{ab}	8.29 ^{ab}	7.71 ^{ab}	8.00 ^{a-c}	8.43 ^a
D .	4	7.79 ^{a-c}	8.21 ^{ab}	7.14 ^{bc}	7.93 ^{a-d}	7.79 ^{ab}
Drying	8	7.14 ^{b-d}	7.43 ^{a-d}	6.93 ^{b-d}	7.07 ^{b-f}	7.21 ^{bc}
	12	6.43 ^{de}	6.93 ^{c-e}	6.36 ^{c-e}	6.29 ^{e-g}	6.79 ^{b-d}
Irradiation	0	8.71 ^a	8.21 ^{ab}	8.57 ^a	8.71 ^a	8.71 ^a
	4	8.29 ^{ab}	7.29 ^{b-e}	8.29 ^a	8.21 ^{ab}	8.36 ^a
	8	7.57 ^{a-d}	7.21 ^{b-e}	7.14 ^{bc}	7.36 ^{b-e}	7.64 ^{ab}
	12	7.14 ^{b-d}	6.36 ^{de}	6.57 ^{c-e}	6.71 ^{d-g}	7.07 ^{bc}

 Table 7. Effect of packing, drying and irradiation treatments on sensory evaluation of Saidy date fruits during storage at room temperature:

- Any letters charring the same symbol, have no significant difference inbetween.

Conclusions

The irradiation and packing under vacuum was found to be superior to drying treatment for improving the quality as well as prolonging the marketable period of Saidy date fruit. **References**

- A.O.A.C. (2000): Official Method of analysis of the Association of official Analytical Chemist. Published by the Association of Official Analytical Chemists Inc. Arlington, Virginia, 22209 U.S.A.
- A.P.H.A. (1976): American public Health Association of Methods for the Microbiological Examination of Foods. Speck, M. L. ed., Washington, D. C., USA.
- Abd El-Bar, O. H.; Farag, S. A. and El-Magide, A. E. (2014): Effect of gamma irradiation on anatomical structure and quality attributes of

some Semi dry date palm fruits during storage. Horticultural Science and Ornamental Plants 6 (2): 100-108.

- Abdel-Hafiz, M. J.; Shalabi, A. F. and AL-Akhal, I. A. (1980): Chemical composition of 15 varieties of dates grown in Saudi Arabia. Proc. Saudi Biol. Soc., 4: 181–194.
- Abd-Ellah, A. E. I. (2009): Chemical and technological studies on some Sudanese date cultivars. Ph.D. Thesis, College., of Graduate Studies., Nile Valley Univ., Sudan.
- Abd-Ellateaf, A. M. (1991): Effect of dehydration techniques on dates and apricot sheets. M. Sc. Thesis, Food Sci. and Tech. Dept., Fac. of Agric. Fayoum, Cairo Univ., Egypt.
- Achour, M.; Ben Amara, S.; Ben Salem, N.; Jebali, A. and Hamdi, M. (2003): Effect of vacuum and

modified atmosphere packaging on Deglet Nour date storage in Tunisia. École Supérieure des, Industries Alimentaires de, Tunis, 58:205–212.

- Ahmed, I. A.; Ahmed, A. K. and Robinson, R. K. (1995): Chemical composition of date varieties as influenced by the stage of ripening. J. of Food Chemistry, 54(3): 305-309.
- Ahmed, M. (2001): Disinfestations of stored grains, pulses, dried fruits and nuts, and other dried foods. In: Molins, R.A. (Ed.), Food Irradiation: Principles and Applications. Wiley, New York, pp. 77–112.
- Al-Farsi, M.; Alasalvar, C.; Morris, A.; Baron, M. and Shahidi, F. (2005a): Compositional and sensory characteristics of three native sundried date (*Phoenix dactylifera* L.) varieties grown in Oman. J. Agric. Food Chem., 53: 7586-7591.
- Al-Farsi, M.; Alasalvar, C.; Morris, A.; Barron, M. and Shahidi, F. (2005b): Comparison of antioxidant activity, anthocyanins, carotenoids, and phenolics of three native fresh and sun-dried dates (*Phoenix dactylifera* L.). J. Agric. Food Chem., 53: 7592–7599.
- Al-Hooti, S. N.; Sidhu, J. S.; Al-Saqer, J.
 M.; Al-Amiri, H. and Qabazard, H. (1997): Processing quality of important date cultivars grown in the United Arab Emirates for jam, butter and dates-in-syrup. J. Adv. Food Sci., 19(1/2): 35–40.
- Al-Hooti, S.N.; Sidhu, J.S. and Qabajard, H. (1995): Studies on the physico-chemical characteristics of five UAE cultivars at different stages of maturity. Arab Gulf J. Sci. Res., 13(3): 553-569.
- Al-Kahtani, H. A.; Abu-Tarboush, H. M.; Al-Drhyim, Y. N.; Ahmad, M. A.; Bajaber, A. S.; Adam, E. E. and El-Mojaddidi, M. A. (1998):

Irradiation of dates: insect disinfestation, microbial and chemical assessment, and use of thermoluminescence technique. Radiation Physics and Chemistry, 53:181-187.

- Ao, C.; Li, A.; Elzaawely, A. A.; Xuan, T. D. and Tawata, S. (2008): Evaluation of antioxidant and antibacterial activities of Fichus microcarpa L. fil. extract. Food Control, 19: 940–948.
- Asami, D. K.; Hong, Y. J.; Barrett, D. M. and Mitchell, A. E. (2003): Comparison of the total phenolic and ascorbic acid content of freeze-dried and air-dried marionberry, strawberry, and corn grown using conventional, organic, and sustainable agricultural practices. J. Agric. Food Chem., 51: 1237-1241.
- Assous, M. T. (1999): Production and Evaluation of Siwy Date Syrup (Dibis.) PH. D. Thesis, Food Sci. Tech. Fac. of Agric., Cairo Univ. Egypt.
- Auda, H.; Khalfa, Z. and Mirjan, J. (1977): Effect of gamma irradiation on the sugar and protein Composition of Iraqi Dates International Atomic Energy Agency Report. SM 221/29a., 459-464.
- Azelmat, K.; El-Garrouj, D.; Mouhib, M. and Sayah, F. (2006): Irradiation of 'Boufeggous' dates: effects on chemical composition during storage. Postharvest Biology and Tech., 39(2): 217-222.
- BA-Angood, S. A. and Shamshad, A. M. (1984): Chemical composition of major date cultivars grown in the United Arab Emirates. Date Palm J., 3(2): 381-394.
- Barreveld, W. H. (1994): Date palm products, Food and Agriculture Organization of the United Nation, FAO. Agricultural services Bulletin.

- Ben Lambiote (1983): Some aspects of the role of dates in human nutrition. Proc. 1st Symp. on The Date Palm, K.F. Univ., Al-Hassa, Saudi Arabia, pp. 572-578.
- Benjamin, N. D.; Al-Khalidi, M. S.;
 Shabana, H. R. and Moroki, A. S. (1985): The effect of cold storage conditions on the quality of six date fruit cultivars at Rutab stage. Agriculture and Water Resources Research Center, Fudailiya, Baghdad, Iraq. Date Palm J.,4(1): 1-18.
- Benmeddour, Z.; Mehinagic, E.; Le M. D. and Louaileche, H. (2006): J. funct. Foods, 5: 346.
- Borchani, C.; Besbes, S.; Blecker, C.; Masmoudi, M.; Baati, R. and Attia, H. (2010): Chemical properties of 11 date cultivars and their corresponding fiber extracts. African Journal of Biotechnology, 9(26): 4096-4105.
- Borchani, C.; Besbes, S.; Masmoudi, M.; Blecker, C. and Paquot, M. (2011): Effect of drying methods on physico-chemical and antioxidant properties of date fibre concentrates. Food Chem., 125: 1194–1201.
- Bravo, L. (1998): Polyphenols: chemistry, dietary sources, metabolism, and nutritional significance. Nutrition Reviews, 56(11):317-333.
- Dalaly, B. K. and Al-Hakiem, S. H. (1987): Food analysis. Mosul University, Iraq.
- Difco-Manual, (1984): Dehydrated culture media and reagents microbiological and clinical laboratory procedures, Pub-Difco-Lab-Detroits Michigan, USA.
- Elleuch, M.; Besbes, S.,; Roiseux, O.; Blecker, C.; Deroanne, C.; Deroanne, C.; Drira, N. and Attia, H. (2008): Chemical composition and characteristics of the dietary fiber. Food Chem., 111: 676-682.
- El-Shamery, G. and El-Dien, M. R. (1988): Microbiological studies on

some foods. M. Sc. Thesis. Fac. of Agric., Moshtohor Zagazig Univ., Egypt.

- El-Sohaimy, S. A. and Hafez, E. E. (2010): Biochemical and nutritional characterizations of date palm fruits (*Phoenix dactylifera* L.). J. of Applied Sci. Research, August, pp. 1060-1067.
- Emam, O. A.; Farag, S. E. A. and Hammad, A. I. (1994): Comparative studies between fumigation and irradiation of semi-dry date fruits. Food / Nahrung, 38: 612-620.
- Fadhl, T. T.; Kassim, Y. A. and Ba-Faidh, S. (1999): The chemical analysis for some types of Shabowa dates. Univ. of Aden J. of Natural and Applied Sciences, 3(1): 69-81.
- FAO (2015): Statistical databases. http://faostat.fao.org.
- FAO/WHO (1973): Energy and protein requirements. FAO Nutritional Meetings Report Series No. 52, WHO Technical Report Series No. 522, FAO, Rome (1975).
- Grecz, N.; AI-Harithy, R.; Jaw, R.; Al-Suwaine, A. R.; El-Mojaddidi, M. A. and Rahm, S. (1988): Radiation processing of dates grown in Saudi Arabia. Int. J. Radiat. Appl. In strum, Part C. 31 (1-3):161-164.
- Hasegawa, S. and Smolensky, D. C. (1970): Date invertase: properties and activity associated with maturation and quality. J. Agric. Food Chem. 18 (5): 902-904.
- Hasnaoui, A.; El-Houmaizi, M. A.; Asehraou, A.; Sindic, M.; Deroanne, C. and Hakkou, A. (2010): Chemical composition and microbial quality of dates grown in Figuid of Morocco. Int. J. of Agric. and Biol., 12: 311-314.
- Hassan, E. Y. A. (2000): Studies on extraction, concentration and storage stability of date syrup (Dibis). Ph.D. Thesis, Food Sci. and Tech.

Dept. Fac. Of Agric., Cairo Univ., Egypt.

- Hussein, F.; El-Kahtany, M. S. and Wally, Y. A. (1979): Date Palm Cultivation and Date Production in the Arabic and Islamic World. An-Shams Univ. Press, pp. 576 (in Arabic).
- Ihsanullah, I.; Iqbal, Y. and Khattak, T. N. (2005): Effect of various irradiation doses on some nutrients of Pakistani date. J. of Radio analytical and Nuclear Chem., 266: 2, 0236-5731 (Print), 1588-2780 (Online).
- Ismail, B.; Haffar, L.; Baalbaki, R. and Henry, J. (2008): Physico-Chemical characteristics and sensory quality of two date varieties under commercial and industrial storage conditions. J. of Food Quality and Preference, 12: 499-506.
- Ismail, B.; Haffar, L.; Baalbaki, R.; Mechref, Y. and Henry, J. (2006): Physico-Chemical characteristics and total quality of five date varieties grown in the United Arab Emirates. Int. J. of Food Sci. and Tech., 41: 919-926.
- Jay, J. M. (1986): Food preservation using irradiation. In: Modern Food Microbiology, 3rd ed. Van Nostr. and Reinhold, New York.
- Jood, S.; Bishnoi, S. and Segal, S. (1998): Effect of processing on nutritional and anti nutritional factors of moongbean cultivars. Food Biochem., 22: 245- 257.
- Joshi, P.; Nathawat, N. S.; Chhipa, B. G.; Hajare, S. N. and Goyal, M. (2011): Irradiation of sangria (Prosopis cineraria): Effect on composition and microbial counts during storage. Radiation Physics and Chem., 80: 1242–1246.
- Kchaou, W.; Abbès, F.; Blecker, B.; Attia, H. and Besbes, S. (2013): Effects of extraction solvents on

phenolic contents and antioxidant activities of Tunisian date varieties (*Phoenix dactylifera L.*). Industrial Crops and Products,45: 262-269.

- Kenawi, M. N.; Hammam, A. M.; Dawood, A. A.; Aly, A. M. and Gado, B. A. G. (2011): Effect of irradiation, fumigation and thermal treatment on chemical, organoleptic and histological characteristics of Siwy dates during storage. Minia J. of Agric. Res. and Develop., 31(2) 233-264.
- Khalil, K. E.; Abd-El-Bari, M. S.; Hafiz, N. E. and Ahmad, E. Y. (2002): Production, evaluation and utilization of date syrup concentrate (dibis). Egyptian J. of Food Sci., 30(2): 179-203.
- Khalil, S. A. (1995): Chemical and technological studies on some date products. M Sc. Thesis, Fac. Of Agric., Moshtohor, Zagazig Univ., Egypt.
- Louaileche, H.; Hammiche, D. and Hamoudi, F. (2015): Total Phenolic, Flavonoid Contents and in Vitro Antioxidant Activity of Algerian Date Palm Varieties: A Comparative Study. Amer. J. of Food Sci. and Health, 1 (3): 63-68.
- Michalczyk, M.; Macura, R. and Matuszak, I. (2009): The effect of air-drying, freeze drying and storage on the quality and antioxidant activity of some selected berries. J. of Food Processing and Preservation, 33: 11–21.
- Mohamed, A. A. (2000): Palm culture and production of dates In Sudan. A country report, Palm and Dates Research Centre, Sudan.
- Mohammadzai, I. U.; Shah, Z.; Ihsanullah, I.; Khan, H.; Khan, H and Rashid, R. (2010): Effect of gamma irradiation, packaging and storage on the nutrients and shelf life of palm dates. J. of Food Proc-

essing and Preservation. 34: 622-638.

- Molander, A. L. (1960): Discernment of primary test substances and probable ability to judge food. Iowa state university pub., Aimess, USA. C.F., Egypt Agric., Res., 77 (2): 873 - 889.
- Morton, J. and Miami, F. L. (1987): Date In: Fruits of warm climates, pp. 5– 11.
- MSTAT-C. (1989): A microcomputer program for the design, management, and analysis of agronomic research experiments, ver. 1.2, Michigan State University, East Lansing, MI 48824.
- Navarro, S.; Donahaye, J. E. M.; Rindner, A. and Azrieli, (2000): Storage of dates under carbon dioxide atmosphere for quality preservation, in: Proc. Intern. Conf. on Controlled Atmosphere and Fumigation in Stored Products, Fresno, CA., USA, p. 231.
- Nezam El-Din, A. M. M. (1995): Technological study on Dibis production from the Siwy date. Egypt. J. Food Sci., 23(3): 229-239.
- Patil, B.S.; Vanamala, J. and Hallman, G. (2004): Irradiation and storage in fluenceon bioactive components and quality of early and late season'Rio Red' grapefruit (Citrus paradisi Macf.). Postharvest Biol. Technol., 34: 53–64.
- Ramadan, B. R. (1990): Chemical and technological studies on some New Valley dates. M. Sc. Thesis, Fac. of Agric., Assiut., Egypt.
- Ramadan, B. R. (1995): Biochemical, nutritional and technological studies on dates. Ph.D. Thesis, Fac., of Agric., Assiut Univ., Egypt.
- Sahari, M. A.; Barzegar, M. and Radfar, R. (2007): Effect of varieties on the composition of dates (*Phoenix dactylifera* L.). J. Food Sci. and Technology Int., 13(4): 269-275.

- Saleh, E. A.; Tawfik, M. S. and Abu-Tarboush, H. M. (2011): Phenolic contents and antioxidant activity of various date palm (*Phoenix dactylifera* L.) fruits from Saudi Arabia. Food and Nutrition Sci., 2: 1134-1141.
- Sawaya, W. N.; Khalil, J. K.; Khatchadourian, H. A.; Safi, W. M. and Mashadi, A. S. (1983): Sugars, tannins and some vitamins contents of twenty-five date cultivars grown in Saudi Arabia at the Khalal (mature color) and Tamr (ripe) stages. Proc. of the 1st Symp. on the Date Palm, K.F. Univ., Al-Hassa, Saudi Arabia, 469-478.
- Saxena, A. K.; Chadha, M. and Sharma, S. (2003): Nutrients and antinutrients in chickpea (Cicer arietinum L.) cultivars after soaking and pressure cooking. J. Food Sci. and Tech., 40(5): 493- 497.
- Selim, K.; Abdel-Bary, M. and Ismaael, O. (2012): Effect of irradiation and heat treatments on the quality characteristics of Siwy date fruit (*Phoenis dactylifera* L.). AgroLife Scientific J., 1: 103-111.
- Stewart, E. M. (2001): Food irradiation chemistry In: Food Irradiation Principles and Applications, R. A.Molins (ed.), Wiley Interscience, New York, USA.
- Thomas, M. H. (1986): Use of ionizing radiation to preserve foods. In: Nutritional Evaluation of Food Processing, E. Kramas and R. S. Harris, (Eds.), 3rd ed. AVI Puplishing, Westport, CT.
- Ud Din, Z.; Ullah Shah, H.; Ihsanullah.; Zubair, A. and Khan, S. A. (2011): Estimation of physic-chemicals and microbiological levels during storage of irradiated fresh date sample. Int. J. of Sci. and Nature, 2(1): 16-21.
- United Nations Environmental Programme (UNEP), (1992): Proceed-

ings of the Fourth Meeting of the Parties to the Montreal Protocol on Substances that Deplete the Ozone Layer, Copenhagen, UNEP, Nairobi, Kenya, pp. 23–25.

- Velioglu, Y.S.; Mazza, G.; Gao, L. and Oomah, B. D. (1998): Antioxidant activity and total phenolics in selected fruits, vegetables, and grain products. J. Agric. Food Chem.,46: 4113–4117.
- Wills, R.; Glasson, M. C.; Graham, B. and Toyce, D. (1998): Postharvest. An introduction on the physiology

and handling of fruit, vegetables and ornamentals. Adel Aide, UNSW press. 4ed, pp: 262.

- Youssef, A. Y.; Belayea, R. I. and Vandepopuliere, J. M. (1989): Sodium by droxide treatment of date pits. Proc. 2nd Symp. on the date palm, Saudi Arabia.
- Youssef, M. K. E.; Abou El-Hawa, S. H.; Seleim, M. A. and Ramadan, B. R. (1998): Evaluation of chemical composition of various types of Upper Egypt dates. Assiut J. of Agric. Sci., 29(3): 33-52.

تأثير بعض المعاملات على التركيب الكيميائي وخصائص جودة البلح الصعيدى أثناء التخزين بلبل رمضان رمضان '، محمد نجيب أحمد الريفي '، عادل أحمد عبدالحميد '، محمود حسين عبدالمجيد ' 'قسم علوم وتكنولوجيا الأغذية كلية الزراعة جامعة أسيوط 'قسم علوم وتكنولوجيا الأغذية كلية الزراعة جامعة الأزهر بأسيوط

الملخص

اجريت هذه الدراسة لتحسين جودة وفترة صلاحية ثمار البلح الصعيدي خـــلال تخزينهــا لمدة ١٢شهر على درجة حرارة الغرفة باستخدام التعبئة تحت تفريغ ، التجفيف والأشعاع (١كيلو جراى). وأظهرت النتائج أن التعبئة تحت تفريغ أكثر فاعلية للسيطرة على الأصابة الحشرية (٣,٨٥) تليها العينة المشععة (١١,١٢%) ثم المجففة (١٢,١١%) في حين سجلت العينة. الكنترول ١٧,٢٤% عند نهاية فترة التخزين (١٢شهر). وأن محتوى الرطوبة في العينة الكنترول انخفض من ١٥,٢٣ الى ٩,٢٩% في نهاية فترة التخزين وانخفض مــن ١٥,٢٣ الــي ٩,٦٧% ، من ١٥,١٥ الى ٨,٩٢% ومن ١٥,٨٠ الى ٩,٦٧% لكل من العينات المعبئة تحت تفريغ ، المجففة والمشععة على التوالي. وأظهرت البيانات أيضا انه خـــلال فتــرات التخــزين (١٢شهر) انخفضت محتويات البروتين من ٢,٥٢ الى ١,٩٧% ، من ٢,٥٢ الى ٢,٠٢% ، من ٢,٥٧ الى ٢,١٥% و من ٢,٤٥ الى ٢,٠٩% لكل من العينات الكنترول ، المعبئة تحت تفريغ ، المجففة والمشععة على التوالي. وقد تبين أن العدد الكلي للبكتيريا انخفض مباشرةً بعد التــشعيع والتجفيف الى حد كبير مقارنة بالانخفاض في الخمائر والفطريات. اضافة الـي بقاء العدد الميكروبي منخفضاً في كل المعاملات حتى نهاية فترة التخزين ، واحتوت العينة المشععة علي أقل محتوى ميكروبي تلتها المعبئة تحت تفريغ والمجففة. ومن نتائج التقييم العضوي الحسى لـم يظهر أي تمييز بين عينات التمور المشععة وغير المشععة. وقد تبين كذلك أن جميع المعاملات ليس لها أي تاثير سلبي على درجة تقبل الثمار، وقد احتلت العينة المشععة المرتبة الأولى في درجة التقبل العام تلتها العينة المجففة ثم العينة المعبئة تحت تفريغ. وتشير هذه النتائج المي أن التعبئة تحت تفريغ ، التجفيف والتشعيع يمكن أن تستخدم كوسائل بديلة لتحسين جودة ثمار الـبلح الصعيدى فضلا عن اطالة فترة تسويقه على درجة حرارة الغرفة لمدة ٢ اشهر أو أكثر.